Suicide Prevention and the Veteran Community

Webinar panellists

Ms Carmen Betterridge
Psychologist
Carmen is the Director of and Principal Psychologist with Suicide Risk Assessment Australia, a provider of training, supervision and consultation services, delivered across corporate, Government and non-Government sectors.

Carmen is a member of the APS Suicide Working Group, and the International Committee for Guidelines on the Impact of Client Suicide and Suicidality on Workers.

Carmen is a lecturer, consultant facilitator and researcher with the Australian Institute for Suicide Research and Prevention, and continues to provide expert witness reports across multiple medico-legal settings.

Carmen holds postgraduate qualifications in indigenous health, forensic mental health and suicidology.

Associate Professor Grant Blashki
General Practitioner
Dr Grant Blashki is a practiced GP and lead clinical advisor for beyondblue.

He is currently Associate Professor at The University of Melbourne and has more than two decades of involvement in the primary mental health field including as writer (lead editor of General Practice Psychiatry), educator (Masters of General Practice Psychiatry), policy advisor and evaluator (The Better Outcomes and Better Access programs) and researcher (more than 125 peer reviewed journal articles).

Grant is an Honorary Professor at Luohu Hospital in Shenzhen and trains GPs in China a number of times a year.

Dr Richard Magtengaard
Psychiatrist
Dr Richard Magtengaard is the current Director of the Military Trauma Recovery Programme at the Marian Centre (a 69 bed private hospital in Perth, Western Australia). This programme is suitable for Defence personnel, veterans and other professionals including police officers, paramedics and those who have also endured ongoing trauma within the performance of their duties.

Dr Magtengaard served for 10 years as a Commissioned Officer within the Royal Australian Navy before moving on to practice medicine and becoming a consultant psychiatrist.

He remains an active member of the Australasian Military Medical Association (AMMA) and his team has developed affiliations with the ADF Joint Health Command (JHC), St John’s Ambulance (SJA) and WAPOL.

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He remains committed to the mental health and general wellbeing of Defence personnel and veterans, alongside our first responders and their families.

Facilitator

Professor Mark Creamer  
Clinical Psychologist

Professor Mark Creamer is a clinical and consulting psychologist with over 30 years’ experience in the field of posttraumatic mental health.

Mark is internationally recognised for his work in the field; providing policy advice, training and research consultancy to government and non-government organisations, with the aim of improving the recognition, prevention and treatment of psychological problems following stressful life events.

Mark is a Professorial Fellow in the Department of Psychiatry at The University of Melbourne, and has an impressive research record with over 180 publications.

Mark is an accomplished speaker and has given numerous invited addresses at national and international conferences.